Instructions:

- If the interviewed woman does not wish to answer or cannot remember, the interviewer should write "no information" next to the corresponding question. By no means should the interviewee be forced to answer any question if she does not wish to respond.

- If the answer provided to a question does not seem credible, the interviewer should write "not relevant" next to the corresponding question.

- If the answer to some questions are already in the file of the interviewee, interviewers are allowed to use it in order not to ask for this information again.

- Participants profile:
  Women who will participate to interviews as part of PHIT study should meet the following criteria:
  - she is currently over 18
  - the exploitation occurred in the last 5 years
  - the exploitation has ended
  - the victim has been recognized by the NGO or by the police

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SOCIODEMOGRAPHIC DATA QUESTIONNAIRE

First I will ask some questions about your current situation, some personal details and questions about your family.

1. **BIRTHPLACE:** ……………………………………………………………………………………………………………………..

2. **AGE:** ……………………………………………………………………………………………………………………………….….

3. **NATIONALITY:** ……………………………………………………………………………………………………………………..

4. **MOTHER TONGUE:** ……………………………………………………………………………………………………………………..

5. **OTHER LANGUAGES:** ……………………………………………………………………………………………………………………..

6. **LEGAL STATUS**
    - ☐ Irregular without a residence permit
    - ☐ Residence permit without work permit
    - ☐ Residence permit with work permit
    - ☐ Asylum seeker in process
    - ☐ EU Nationality

7. **PERIOD OF RESIDENCE IN THE NETHERLANDS / SPAIN (MONTHS):** …………………………………………………

8. **PERIOD OF TIME SINCE SHE LEFT THE COUNTRY OF ORIGIN (MONTHS):** …………………………………………………

9. **HIGHEST LEVEL OF STUDIES COMPLETED:**
    - ☐ None
    - ☐ Primary school (until 12)
    - ☐ Secondary school (12-16)
    - ☐ High school (16-18)
    - ☐ Professional training
    - ☐ University degree

10. **CURRENT EMPLOYMENT SITUATION:**
    - ☐ Employed (specify: …………………………………………………………….)
    - ☐ Student (specify: …………………………………………………………….)
    - ☐ Unemployed
    - ☐ Other: …………………………………………………………….

11. **CURRENT ECONOMIC SITUATION:**
    Do you consider that you receive an amount of money that is sufficient for you to live?: ………………………………………………………………………………………………………………………………………………………………………………………………………………….

12. **CURRENT CIVIL STATUS:**
    - ☐ Single
    - ☐ Married
    - ☐ In a relationship
    - ☐ Separated / divorced
    - ☐ Widow
    - ☐ Other: ……………………………………………………………
13. RESIDENTIAL SITUATION:
- ☐ Shelter housing
- ☐ Living on my own
- ☐ Living with partner
- ☐ Living with my family
- ☐ Homeless

14. CHILDREN:
Total number of children: .....................................................
Age of the children: ............................................................

With whom are they living?: ...................................................
- ☐ With her
- ☐ With relatives (grandparents, aunt, father…) in the same country
- ☐ With relatives (grandparents, aunt, father…) in the country of origin
- ☐ With relatives (grandparents, aunt, father…) in another country, namely: .....................................................
- ☐ In an institution
- ☐ Missing or kidnapped
- ☐ Other: .................................................................

If the respondent has more children living with different persons, please fill out this question for each child:
Child 1 is living with:
Child 2 is living with:
Child 3 is living with:
Child 4 is living with:
Child 5 is living with:

Abortion(s): .................................................................
Death(s) of child(ren): ............................................................

15. RELIGION (please remind the respondent that she is entitled not to divulgate her religion, according to the article 7 of the Spanish Data Protection Law).
- ☐ None
- ☐ Buddhism, Hinduism
- ☐ Protestantism
- ☐ Catholicism
- ☐ Islam
- ☐ Judaism
- ☐ Syncretism
- ☐ Animism
- ☐ Other: .................................................................

Do you practice your religion?:
- ☐ Yes
- ☐ No
16. OBSERVATIONS

……………………………………………………………………………………………………………………………………
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INTERVIEW

0. GENOGRAM:
I. **FIRST SECTION: BEFORE BIRTH**

1.1 Country and city of origin:

   Contextual situation:
   - ☐ Armed conflict
   - ☐ Extreme economic vulnerability
   - ☐ Migrations
   - ☐ Lack of opportunities for the future
   - ☐ Other:
     Comments:

1.2 Extended family and family environment:

   - ☐ Good
   - ☐ Average
   - ☐ Conflicting
   Comments:

1.3 How would she define the nuclear family life? (Parents, children…):

   - ☐ Good
   - ☐ Average
   - ☐ Conflicting
   Comments:

1.4 Mother’s pregnancy:

   - ☐ Good
   - ☐ Average
   - ☐ Bad
   Comments:

1.5 Family structure of the respondent (brothers, sisters…):

1.6 Support received from her environment (family…): yes/no

   Comments:

1.7 Relationship with her mother: ☐ Good

   - ☐ Bad
   - ☐ Non-existing
   - ☐ She does not know her mother
   Comments:
1.8 Relationship with her father:
☐ Good
☐ Bad
☐ Non-existing
☐ She does not know her father
Comments:

1.9 Has her mother suffered from abuse?:
☐ Yes
☐ No
¿If yes, by whom?:
Comments:

1.10 Has her father suffered from abuse?:
☐ Yes
☐ No
¿If yes, by whom?:
Comments:

1.11 Addictions or diseases of her mother:
☐ Drugs
☐ Alcohol
☐ Medication
☐ Other:
Comments:

1.12 Addictions or diseases of her father:
☐ Drugs
☐ Alcohol
☐ Medication
☐ Other:
Comments:

1.13 Socio-economic situation of her family:
☐ Good
☐ Average
☐ Bad
Comments:
II. SECOND SECTION: EARLY CHILDHOOD (0 – 4)

2.1 Place where it took place – rural or urban environment: name of the village/city and country:

2.2 Childbirth:
☐ Easy
☐ Complicated

Where did it take place?:
☐ At home
☐ In a hospital
☐ Other:
Comments:

2.3 Age of her mother and her father when she was born:
Comments:

2.4 With whom were she living?:
☐ Her parents
☐ Her grandparents
☐ Alone
☐ Other:
Comments:

2.5 Family reactions to her birth (good reception, mother’s displacement, negative consequences...): 

2.6 How would she define the relationship between her parents?
☐ Good
☐ Average
☐ Conflicting
Comments:

2.7 Relationship with her father: ☐ Good ☐ Average ☐ Bad
Comments:

2.8 Relationship with her mother: ☐ Good ☐ Average ☐ Bad
Comments:

2.9 Relationship with her guardian (if applicable): ☐ Good ☐ Average ☐ Bad
Comments:

2.10 Child health:
☐ Good
☐ Average with minor ailments and/or sicknesses
☐ Bad
☐ Other: If bad, which health problems did she have at that time?:
Comments:
2.11 Did she receive any kind of support, and/or medical / psychological care?  
☐ Yes: Which ones? How would she assess them?:  
☐ No: Why not? Does she think she would have needed it?:

2.12 Important memories: yes / no  
Yes: Which ones?:

2.13 Has she experienced a traumatic event?: yes / no  
Yes: What happened?  
What does she remember of it?  
How does she think it affected her?

2.14 How would her relatives and peers define her during that period?

2.15 How would she define that period?

2.16 From 1 (unhappiness) to 10 (happiness), how would she define her level of happiness during that period?

Summary:  
- Risk factors (ex: being in need, context, family, any element that could put at risk her development)

- Protective elements (ex: key figures, school… positive elements in her environment)
III. THIRD SECTION: CHILDHOOD (4 – 12)

3.1 Place where it took place (rural or urban environment: name of the village/city and country):

3.2 With whom were she living?
☐ Her parents
☐ Her grandparents
☐ Alone
☐ Other:
Comments:

3.3 Socio-economic situation (economic resources, accommodation, access to other resources):

3.4 Schooling, academic performance:

3.5 Family relationships and environment:
☐ Good
☐ Average
☐ Conflicting
Comments:

3.6 Relationships with peers (classmates, children in the neighborhood…):
☐ Good
☐ Average
☐ Conflicting
Comments:

3.7 Health:
☐ Good
☐ Average with minor ailments and/or sicknesses
☐ Bad
☐ Other: If bad, which health problems did she have?
Comments:

3.8 Addictions (who introduced her to drugs, which substances and for how long?):
☐ Alcohol
☐ Drugs
☐ Medication
Comments:
3.9 Did she suffer from violent situations?: Yes / no

3.9.1 Which type?
☐ Physical violence (punishments, aggressions…)
☐ Psychological violence (threats, insults, psychological abuse)
☐ Sexual violence (sexual abuse, non-consensual or forced sexual intercourse)

3.9.2 From whom?
☐ Her mother
☐ Her father
☐ Her grandparents
☐ Her brothers
☐ Her uncles/aunts
☐ Her neighbours
☐ Her friends
☐ Other: Was it:
☐ Punctual
☐ Continuous

Comments:

3.9.3 Did she talk to someone about it?: Yes / no
To whom?:

3.9.4 Did her relatives, friends react?: Yes / no
How?:
Comments:

3.9.5 How did it end?

3.10 Has she experienced other traumatic events?: Yes / no
What happened?

☐ Death(s)
☐ Forced migrations
☐ Armed conflicts
☐ Violence towards other persons
☐ Other: ………………..

3.11 If she answered NO to question 3.9 and 3.10, you may skip question 3.11. If she answered YES to question 3.9 and/or 3.10: How did it affect her psychological health?

- Anxiety:
  ☐ Fearful
  ☐ Tense or keyed up
  ☐ Terror/panic spells
  ☐ Restlessness
  ☐ Nervousness or shakiness inside
  ☐ Heart rate increase
  ☐ Breathing difficulties
Comments:
- **Depression**
  - ☐ No interest in things
  - ☐ Hopelessness about the future
  - ☐ Worthlessness feelings
  - ☐ Suicidal thoughts / lack of will to live
  - ☐ Suicide attempts
  - ☐ Sadness
  - Comments:

- **Hostility**
  - ☐ Urges to beat, injure or hurt someone
  - ☐ Urges to break or smash things
  - ☐ Annoyed/irritated easily
  - ☐ Temper outbursts that cannot be controlled
  - Comments:

- **Post-traumatic disorders**
  - ☐ Sleep disorder
  - ☐ Flashbacks (recurring images)
  - ☐ Avoid doing some things
  - ☐ Does not recall some facts
  - ☐ Insensitiveness or difficulties to have loving or caring feelings
  - ☐ Irritable or angrier
  - ☐ Scared or hypervigilant
  - ☐ Other: …………………

 3.12 Did she receive any kind of support, and/or medical / psychological care?
  - ☐ Yes: Which ones? How would she assess them?:
  - ☐ No: Why not? Does she think she would have needed it?:

 3.13 Important memories: Yes / no
  - Yes: which ones?:

 3.14 Coping strategies:
  - What would make her feel good?
  - Where would she look for emotional shelter?
  - What helped her moving forward?

3.15 How would she define that period?

3.16 How would she define herself during that period?

3.17 From 1 (unhappiness) to 10 (happiness), how would she rate her level of happiness during this period?
**Summary:**

- **Risk factors** (ex: being in need, context, family, any element that could put at risk her development)

- **Protective elements** (ex: key figures, school… positive elements in her environment)
IV. FOURTH SECTION: ADOLESCENCE AND EARLY YOUTH (12 – 20)

4.1 Place where it took place (rural or urban environment: name of the village/city and country):

4.2 With whom were she living?
☐ Her parents
☐ Her grandparents
☐ Alone
☐ Other:
Comments:

4.3 Academic performance:
What did she study?
Why did she drop her studies? (if applicable)

4.4 Work:
How old was she when she started working?
In which sector were she working?
Comments:

4.5 Family relationships and environment:
☐ Good
☐ Average
☐ Conflicting
Comments:

4.6 Relationships with peers (classmates, children in the neighbourhood…):
☐ Good
☐ Average
☐ Conflicting
Comments:

4.7 Couple relationship(s):
Did she get married?: Yes / No
Was it a forced marriage?: Yes / no
Was it an abusive relationship?: Yes / no

4.8 Pregnancy:
Number of pregnancies:
Were they wanted or unwanted pregnancies?
Did she get abortions?: Yes / no
☐ Forced abortions
☐ Voluntary abortions

4.9 Maternity:
At what age?
How did she experience it?
4.10 Health:
☐ Good
☐ Average with minor ailments and/or sicknesses
☐ Bad
☐ Other: If bad, which health problems did she have?
Comments:

4.11 Addictions (who introduced her to drugs, which substances and for how long?):
☐ Alcohol
☐ Drugs
☐ Medication
Comments:

4.12 First sexual intercourse:
☐ Unwanted
☐ Wanted

If it was an unwanted intercourse, who forced her?:
☐ A friend
☐ A relative
☐ A stranger
☐ Other:
Comments:

4.13 Did she suffer from violent situations?: Yes / no
  
  4.13.1 Which type?
☐ Physical violence (punishments, aggressions…)
☐ Psychological violence (threats, insults, psychological abuse)
☐ Sexual violence (sexual abuse, non-consensual or forced sexual intercourse)

  4.13.2 From whom?
☐ Her mother
☐ Her father
☐ Her grandparents
☐ Her brothers
☐ Her uncles/aunts
☐ Her neighbours
☐ Her friends
☐ Other: Was it:
☐ Punctual
☐ Continuous
Comments:

  4.13.3 Did she talk to someone about it?: Yes / no
☐ To whom?:

  4.13.4 Did her relatives, friends react?: Yes / no
☐ How?:
Comments:

  4.13.5 How did it end?
4.14 Has she experienced other traumatic events?: Yes / no
What happened?
☐ Death(s)
☐ Forced migrations
☐ Armed conflicts
☐ Violence towards other persons
☐ Other: …………………

4.15 If she answered NO to question 4.13 and 4.14, you may skip question 4.15. If she answered YES to question 4.13 and/or 4.14: How did it affect her psychological health?

- **Anxiety:**
  ☐ Fearful
  ☐ Tense or keyed up
  ☐ Terror/panic spells
  ☐ Restlessness
  ☐ Nervousness or shakiness inside
  ☐ Heart rate increase
  ☐ Breathing difficulties
  Comments:

- **Depression** ☐ No interest in things
  ☐ Hopelessness about the future
  ☐ Worthlessness feelings
  ☐ Suicidal thoughts / lack of will to live
  ☐ Suicide attempts
  ☐ Sadness
  Comments:

- **Hostility**
  ☐ Urges to beat, injure or hurt someone
  ☐ Urges to break or smash things
  ☐ Annoyed/irritated easily
  ☐ Temper outbursts that cannot be controlled
  Comments:

- **Post-traumatic disorders**
  ☐ Sleep disorder
  ☐ Flashbacks (recurring images)
  ☐ Avoid doing some things
  ☐ Does not recall some facts
  ☐ Insensitiveness or difficulties to have loving or caring feelings
  ☐ Irritable or angrier
  ☐ Scared or hypervigilant
  ☐ Other: …………………
4.16 Did she receive any kind of support, and/or medical / psychological care? 
☐ Yes: Which ones? How would she assess them?: 
☐ No: Why not? Does she think she would have needed it?:

4.17 Important memories: Yes / No 
Yes: which ones?: 

4.18 Coping strategies: 
What would make her feel good? 
Where would she look for emotional shelter? 
What helped her moving forward? 

4.19 How would she define that period? 

4.20 How would she define herself during that period? 

4.21 From 1 (unhappiness) to 10 (happiness), how would she rate her level of happiness during this period? 

Summary: 
➢ Risk factors (ex: being in need, context, family, any element that could put at risk her development) 

➢ Protective elements (ex: key figures, school… positive elements in her environment)
V. FIFTH SECTION: EARLY ADULTHOOD (20 – 35)

5.1 Place where it took place (rural or urban environment: name of the village/city and country):

5.2 With whom were she living?
☐ Her parents
☐ Her grandparents
☐ Alone
☐ Other:
Comments:

5.3 Academic performance:
What did she study?
Why did she drop her studies? (if applicable)

5.4 Work:
How old was she when she started working?
In which sector were she working?
Comments:

5.5 Family relationships and environment:
☐ Good
☐ Average
☐ Conflicting
Comments:

5.6 Relationships with peers (classmates, children in the neighbourhood…):)
☐ Good
☐ Average
☐ Conflicting
Comments:

5.7 Couple relationship(s):
Did she get married?: Yes / No
Was it a forced marriage?: Yes / no
Was it an abusive relationship?: Yes / no

5.8 Pregnancy:
Number of pregnancies:
Were they wanted or unwanted pregnancies?
Did she get abortions?: Yes / no
☐ Forced abortions
☐ Voluntary abortions

5.9 Maternity:
At what age?
How did she experience it?
5.10 Health:
☐ Good
☐ Average with minor ailments and/or sicknesses
☐ Bad
☐ Other: If bad, which health problems did she have?
Comments:

5.11 Addictions (who introduced her to drugs, which substances and for how long?):
☐ Alcohol
☐ Drugs
☐ Medication
Comments:

5.12 Did she suffer from violent situations?: Yes / no
5.12.1 Which type?
☐ Physical violence (punishments, aggressions…)
☐ Psychological violence (threats, insults, psychological abuse)
☐ Sexual violence (sexual abuse, non-consensual or forced sexual intercourse)
5.12.2 From whom?
☐ Her mother
☐ Her father
☐ Her grandparents
☐ Her brothers
☐ Her uncles/aunts
☐ Her neighbours
☐ Her friends
☐ Other: 5.12.3 Was it:
☐ Punctual
☐ Continuous
Comments:
5.12.4 Did she talk to someone about it?: Yes / no
To whom?:
5.12.5 Did her relatives, friends react?: Yes / no
How?:
Comments:
5.12.6 How did it end?

5.13 Has she experienced other traumatic events?: Yes / no
What happened?
☐ Death(s)
☐ Forced migrations
☐ Armed conflicts
☐ Violence towards other persons
☐ Other: …………………
5.14 If she answered NO to question 5.12 and 5.13, you may skip question 5.14. If she answered YES to question 5.12 and/or 5.13: How did it affect her psychological health?

- **Anxiety:**
  - [ ] Fearful
  - [ ] Tense or keyed up
  - [ ] Terror/panic spells
  - [ ] Restlessness
  - [ ] Nervousness or shakiness inside
  - [ ] Heart rate increase
  - [ ] Breathing difficulties
  - Comments:

- **Depression**
  - [ ] No interest in things
  - [ ] Hopelessness about the future
  - [ ] Worthlessness feelings
  - [ ] Suicidal thoughts / lack of will to live
  - [ ] Suicide attempts
  - [ ] Sadness
  - Comments:

- **Hostility**
  - [ ] Urges to beat, injure or hurt someone
  - [ ] Urges to break or smash things
  - [ ] Annoyed/irritated easily
  - [ ] Temper outbursts that cannot be controlled
  - Comments:

- **Post-traumatic disorders**
  - [ ] Sleep disorder
  - [ ] Flashbacks (recurring images)
  - [ ] Avoid doing some things
  - [ ] Does not recall some facts
  - [ ] Insensitiveness or difficulties to have loving or caring feelings
  - [ ] Irritable or angrier
  - [ ] Scared or hypervigilant
  - [ ] Other: ........................

5.15 Did she receive any kind of support, and/or medical / psychological care?
- [ ] Yes: Which ones? How would she assess them?:
- [ ] No: Why not? Does she think she would have needed it?:

5.16 Important memories: Yes / no
- Yes: which ones?:
5.17 Coping strategies:
What would make her feel good?
Where would she look for emotional shelter?
What helped her moving forward?

5.18 How would she define that period?

5.19 How would she define herself during that period?

5.20 From 1 (unhappiness) to 10 (happiness), how would she rate her level of happiness during this period?

Summary:
- **Risk factors** (ex: being in need, context, family, any element that could put at risk her development)
- **Protective elements** (ex: key figures, school… positive elements in her environment)
VI. SIXTH SECTION: ADULTHOOD (35 - …)

6.1 Place where it took place (rural or urban environment: name of the village/city and country):

6.2 With whom were she living?
☐ Her parents
☐ Her grandparents
☐ Alone
☐ Other:
Comments:

6.3 Academic performance:
What did she study?
Why did she drop her studies? (if applicable)

6.4 Work:
How old was she when she started working?
In which sector were she working?
Comments:

6.5 Family relationships and environment:
☐ Good
☐ Average
☐ Conflicting
Comments:

6.6 Relationships with peers (classmates, children in the neighbourhood…):
☐ Good
☐ Average
☐ Conflicting
Comments:

6.7 Couple relationship(s):
Did she get married?: Yes / No
Was it a forced marriage?: Yes / no
Was it an abusive relationship?: Yes / no

6.8 Pregnancy:
Number of pregnancies:
Were they wanted or unwanted pregnancies?
Did she get abortions?: Yes / no
☐ Forced abortions
☐ Voluntary abortions

6.9 Maternity:
At what age?
How did she experience it?
6.10 Health:
☐ Good
☐ Average with minor ailments and/or sicknesses
☐ Bad
☐ Other: If bad, which health problems did she have?
Comments:

6.11 Addictions (who introduced her to drugs, which substances and for how long?):
☐ Alcohol
☐ Drugs
☐ Medication
Comments:

6.12 Did she suffer from violent situations?: Yes / no
6.12.1 Which type?
☐ Physical violence (punishments, aggressions…)
☐ Psychological violence (threats, insults, psychological abuse)
☐ Sexual violence (sexual abuse, non-consensual or forced sexual intercourse)
6.12.2 From whom?
☐ Her mother
☐ Her father
☐ Her grandparents
☐ Her brothers
☐ Her uncles/aunts
☐ Her neighbours
☐ Her friends
☐ Other: 6.12.3 Was it:
☐ Punctual
☐ Continuous
Comments:
6.12.4 Did she talk to someone about it?: Yes / no
To whom?:
6.12.5 Did her relatives, friends react?: Yes / no
How?:
Comments:
6.12.6 How did it end?

6.13 Has she experienced other traumatic events?: Yes / no

What happened?
☐ Death(s)
☐ Forced migrations
☐ Armed conflicts
☐ Violence towards other persons
☐ Other: ………………….
6.14 If she answered NO to question 6.12 and 6.13, you may skip question 6.14. If she answered YES to question 6.12 and/or 6.13: How did it affect her psychological health?

- Anxiety:
  - ☐ Fearful
  - ☐ Tense or keyed up
  - ☐ Terror/panic spells
  - ☐ Restlessness
  - ☐ Nervousness or shakiness inside
  - ☐ Heart rate increase
  - ☐ Breathing difficulties
  - Comments:

- Depression ☐ No interest in things
  - ☐ Hopelessness about the future
  - ☐ Worthlessness feelings
  - ☐ Suicidal thoughts / lack of will to live
  - ☐ Suicide attempts
  - ☐ Sadness
  - Comments:

- Hostility
  - ☐ Urges to beat, injure or hurt someone
  - ☐ Urges to break or smash things
  - ☐ Annoyed/irritated easily
  - ☐ Temper outbursts that cannot be controlled
  - Comments:

- Post-traumatic disorders
  - ☐ Sleep disorder
  - ☐ Flashbacks (recurring images)
  - ☐ Avoid doing some things
  - ☐ Does not recall some facts
  - ☐ Insensitiveness or difficulties to have loving or caring feelings
  - ☐ Irritable or angrier
  - ☐ Scared or hypervigilant
  - ☐ Other: ................

6.15 Did she receive any kind of support, and/or medical / psychological care?
☐ Yes: Which ones? How would she assess them?:

☐ No: Why not? Does she think she would have needed it?:

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PARTICIPANT NUMBER: / 25
6.16 Important memories: Yes / no
Yes: which ones?:

6.17 Coping strategies:
What would make her feel good?
Where would she look for emotional shelter?
What helped her moving forward?

6.18 How would she define that period?

6.19 How would she define herself during that period?

6.20 From 1 (unhappiness) to 10 (happiness), how would she rate her level of happiness during this period?

**Summary:**
- **Risk factors** (ex: being in need, context, family, any element that could put at risk her development)

- **Protective elements** (ex: key figures, school… positive elements in her environment)
VII. SEVENTH SECTION: TRAFFICKING AND/OR SEXUAL EXPLOITATION SITUATION

Now we would like to ask you some questions about your experience of trafficking and exploitation. If this is too difficult or sensitive for you or you do not want to answer certain questions please feel free to say that or simply say; I do not want to answer this question.

We will start with some questions about the process of recruitment, how you ended up in the situation of exploitation and then about the exploitation itself.

Nota: We will study here any type of sexual exploitation, be it for commercial or non-commercial purposes.

7.1 How long has it been since the exploitation stopped?
7.2 How long did the exploitation last?
7.3 Trafficking:

2.3.1 Who contacted you?
☐ A friend
☐ A relative
☐ A stranger
☐ A neighbour/acquaintance
☐ Other:
Comments:

2.3.2 What did they offer you?
☐ Work
☐ Money
☐ A future together / relationship
☐ Protection / safety
☐ Other:
Comments:

7.4 What were your expectations (aspirations, representations) when you accepted the offer (in case you did accept it)?

7.5 Travel and funding:
7.5.1 If travelled from abroad how did you travel and which are the transit countries?
In those transit countries:

a. Did you experience violent situations? Yes / no
From whom?:
☐ Authorities
☐ Members of the criminal group
☐ Other women travelling with her
☐ Other:
b. Did you witness violent situations? Yes / no
If yes, which?
7.5.2 What were the travelling conditions?
• Price:
• Means of transportation:
• Duration:
• Group:
• Conditions:
• Departure country:
Comments:

7.5.3 Debt:
• Did you have to pay for your journey? Yes/no
• Did you make any debts before starting the journey? Yes/no
• Was the cost of your journey included in your debt? Yes/no
• Which amount of debt in euros did you have at the beginning?:
• Did the debt increase in time? Yes / no
  Yes - how?:
• Did you entirely pay back her debt? Yes / no
  Yes – What happened once it was paid back?:

7.6 Arrival in the destination country:
• Did you know that you were going to Spain / the Netherlands? Yes / no
• Did you know this country? Yes / no
• How did you feel when you arrived from 1 (very sad) to 5 (very happy)?

7.7 Who was exercising control over you during the recruitment and transportation?
☐ A criminal group
☐ A smuggler
☐ A trafficker
☐ An individual with whom you had an emotional bond, namely: ...............  
☐ Other:  
Comments:

7.8 Forms of control during the recruitment and transportation:
☐ Use of physical violence
☐ Use of sexual violence (rapes)
☐ Psychological control (threats towards you and your family)
☐ Use of various rituals (e.g. voodoo)
☐ Locked up
☐ Passport was taken away
☐ No control was exercised at that stage
☐ Other:
Now we would like to ask you some questions about the period you were exploited in Spain/the Netherlands. If at any time you feel uncomfortable answering these questions please let me know or simply say you don’t want to answer that question.

7.9 Start of the sexual exploitation situation:
At what moment did you realize you could not make your own decisions?
When did you realize you were in a situation of exploitation and/or trafficking?

7.10 Who was exercising control over you during the exploitation/trafficking?
☐ The same person(s) as in question 2.7
☐ A criminal group
☐ A trafficker
☐ An individual with whom you had an emotional bond, namely: ……………
☐ Other:
Comments:

7.11 Forms of control during the exploitation / trafficking:
☐ Use of physical violence
☐ Use of sexual violence (rapes)
☐ Psychological control (threats towards you and your family)
☐ Use of various rituals (e.g. voodoo)
☐ Locked up
☐ Passport was taken
☐ Other:

7.12 Place where you were sexually exploited?
☐ Brothel/club
☐ Window prostitution
☐ Street prostitution
☐ Ordinary flat or house
☐ Other:

What were the conditions of the exploitation regarding:
Number of hours you had to work per day:
Where did you sleep?
Where you able to contact other people?
Where you able to go out e.g. to a shop?
Was she sharing the space with other women? yes/no
Use of violence: yes/no
yes: which kind?
☐ aggressions
☐ psychological violence
☐ sexual violence
☐ other violence:
7.13 Interventions during exploitation

- Did you ask for help?: Yes / no
  To whom?:
  - Client(s)
  - Professional working in support services
  - Police
  - Other:
  - Comments:

- Did anyone offer you any help? Yes/no
  Yes – Who?
  - Friend
  - Client(s)
  - Professional
  - Family
  - Other:

- What kind of help did you receive?
  - financial support
  - legal support
  - healthcare resources
  - they helped her contacting with the police
  - other:
  - Comments:

- If you did not receive any help – why not?

- Relationship with the exploiters: were you in a couple relationship with the trafficker? Yes / no

- While in exploitation, did she know the resources and support services where to ask for help? Yes / no
  Yes – which ones?:

- Did she go to one of those support services? Yes / no
  Yes – which ones?:

- There, did she explained her situation? Yes / no
  Yes – how did they react?
  - they helped her
  - they did not help her

- Was it useful? Yes / no
  Comments:

7.14 Coping strategies during exploitation:
What did make you feel good even while you were in the exploitative situation?
Where did you look for emotional shelter while in the situation of exploitation?
What helped you moving forward?
Now we would like to ask you some questions about how the exploitation ended and the consequences of the trafficking/exploitation.

7.15. How did the sexual exploitation end? :
☐ You escaped the situation
☐ You were taken by the police during controls
☐ You were helped by your family
☐ You paid the debt and the trafficker let you go
☐ Other:

7.16 Trafficking and sexual exploitation consequences: physical, psychological, emotional, sexual symptomatology.

7.16.1 Physical and sexual health: which of the following problems have you experienced as a consequence of the sexual exploitation?

1. **fatigue and weight loss**
   ☐ easily tired
   ☐ weight loss
   ☐ loss of appetite
   ☐ other

2. **sleep disorder**
   ☐ difficult to sleep
   ☐ insomnia
   ☐ other

3. **neurological symptoms**
   ☐ headaches
   ☐ dizzy spells
   ☐ difficulty remembering
   ☐ fainting
   ☐ other

4. **gastrointestinal symptoms**
   ☐ stomach or abdominal pain
   ☐ upset stomach, vomiting, diarrhoea, constipation
   ☐ other

5. **sexual and reproductive health symptoms:**
   ☐ pelvic, vaginal or urination pain
   ☐ Gynaecological infections
   ☐ STIs
   ☐ HIV
   ☐ Induced abortions
   ☐ Unwanted pregnancies:
   ☐ Abortions (forced or voluntary)
   ☐ other
6. **cardiovascular symptoms**
   - ☐ chest/heart pain
   - ☐ breathing difficulty
   - ☐ other

7. **musculoskeletal symptoms**
   - ☐ back pain
   - ☐ fractures/sprains
   - ☐ joint or muscular pain
   - ☐ tooth pain
   - ☐ facial injuries
   - ☐ chronic pain
   - ☐ other

8. **eyes**
   - ☐ vision problems
   - ☐ other

9. **skins problems**
   - ☐ rashes, itching, sores
   - ☐ other

10. **addictions**
    - ☐ drugs
    - ☐ alcohol
    - ☐ medication
    - ☐ other
    Comments:

7.16.2 Psychological health:

- **Anxiety:**
  - ☐ Fearful
  - ☐ Tense or keyed up
  - ☐ Terror/panic spells
  - ☐ Restlessness
  - ☐ Nervousness or shakiness inside
  - ☐ Heart rate increase
  - ☐ Breathing difficulties
  Comments:

- **Depression**
  - ☐ No interest in things
  - ☐ Hopelessness about the future
  - ☐ Worthlessness feelings
  - ☐ Suicidal thoughts / lack of will to live
  - ☐ Suicide attempts
  - ☐ Sadness
Comments:

- **Hostility**
  - ☐ Urges to beat, injure or hurt someone
  - ☐ Urges to break or smash things
  - ☐ Annoyed/irritated easily
  - ☐ Temper outbursts that cannot be controlled

Comments:

- **Post-traumatic disorders**
  - ☐ Sleep disorder
  - ☐ Flashbacks (recurring images)
  - ☐ Avoid doing some things
  - ☐ Does not recall some facts
  - ☐ Insensitiveness or difficulties to have loving or caring feelings
  - ☐ Irritable or angrier
  - ☐ Scared or hypervigilant
  - ☐ Other: …………………

7.17 [instruction: the interviewer should ask an open question and then tick the answer(s) in the list of needs below] What were your needs:

7.17.1 Right after coming out of the trafficking situation?
  - ☐ rest/sleep
  - ☐ safety for myself
  - ☐ Safety for my family
  - ☐ accommodation
  - ☐ disentangle from the trafficker/exploiter
  - ☐ satisfying my addiction to alcohol/drugs/pils
  - ☐ rehabilitation from addiction
  - ☐ psychological support
  - ☐ health care
  - ☐ financial support
  - ☐ information about my legal position
  - ☐ information about the criminal procedure
  - ☐ information about medical assistance and access to health care
  - ☐ information about compensation
  - ☐ recognition as trafficking victim
  - ☐ being believed and being taken seriously
  - ☐ correct treatment by police
  - ☐ work
  - ☐ education
  - ☐ trauma treatment
  - ☐ other, namely …………………
7.17.2 Currently?
☐ rest/sleep
☐ safety for myself
☐ Safety for my family
☐ accommodation
☐ disentangle from the trafficker/exploiter
☐ satisfying my addiction to alcohol/drugs/pils
☐ rehabilitation from addiction
☐ psychological support
☐ health care
☐ financial support
☐ information about my legal position
☐ information about the criminal procedure
☐ information about medical assistance and access to health care
☐ information about compensation
☐ recognition as trafficking victim
☐ being believed and being taken seriously
☐ correct treatment by police
☐ work
☐ education
☐ trauma treatment
☐ other, namely ………………

7.18 Did you receive any kind of support, and/or medical / psychological care? Yes / no
7.18.1 If yes:
  ▪ From whom?
  ▪ What kind of support?
  □ financial support
  □ legal support
  □ healthcare resources
  □ they helped her contacting with the police
  □ other:
    Comments:

  ▪ To what extent did the support meet your needs?
  ▪ Where did the support failed?

7.18.2 If no support was received:
  ▪ What was/were the reason(s) why you did not receive support?
  ▪ What is the consequence for you that you did not receive support?
  ▪ What should be improved to meet the needs of victims of trafficking for sexual exploitation?

7.19 Did you feel safe after the trafficking / exploitation ended? Please grade from 1 (not safe) to 5 (very safe)
Which experiences/situations lead to this assessment?
7.20 Did you report your exploiters or cooperate otherwise with the authorities?:
   □ Yes
      - To which authorities?
      - How did you cooperate with the authorities?
      - What is your experience on how they treated you?
      - What are your experiences with (please grade using the following: 1=bad, 2=regular, 3=good):
        ✓ The police
        ✓ The prosecutors
        ✓ The judges
        ✓ Other authorities: who?
      - What could be improved in the treatment of victims of trafficking during the criminal procedure?

   □ No: why not?:
      □ Because of reprisals
      □ Because of a lack of knowledge of the judicial system
      □ Because of a lack of confidence in the justice system
      □ In fear of not being believed
      □ Other:

7.21 Did you feel safe during the criminal investigation and proceedings? 1 (not safe) to 5 (very safe)

Which experiences/situations lead to this assessment?

7.22 Coping strategies after exploitation:
What would make you feel good?
Where would you look for emotional shelter?
What helped you moving forward?

Summary [instruction for interviewer: fill out not ask the questions]:

➢ Risk factors (ex: being in need, context, family, any element that could put at risk her development)

➢ Protective elements (ex: key figures, school… positive elements in her environment)
VIII. EIGHTH SECTION: PRESENT TIME

8.1 Does she receive any kind of support, or medical /psychological care at the moment?

☐ Yes: which ones? How would she assess them?:

☐ No: why? Does she think that she would need them?:

8.2 If you were to grade your life, what would be the grade? 1 (unhappy) to 5 (maximum of happiness):

8.3 What worries you? What is your main concern?

8.4 What are you missing (unmet needs)?

8.5 What would you need to be happy/happier?

8.6 What achievements/accomplishments are you proud of?

8.7 What helps you moving/move? forward in you life?

8.8 Future prospects, personal or professional projects:

8.8.1 How do you see yourself in 5 years from now?

8.8.2 How would you like your future to be?

8.9 What is your idea of happiness?:

8.10 Would you like to add something?:

Summary:

➢ Risk factors (ex: being in need, context, family, any element that could put at risk her development)

➢ Protective elements (ex: key figures, school… positive elements in her environment)
9. HARVARD TRAUMA QUESTIONNAIRE

La lista muestra síntomas que las personas pueden tener después de vivir sucesos dañinos o terribles. Por favor, lea cada síntoma atentamente e indique cuánto le ha molestado durante la semana pasada.

For self report: The following are symptoms that people sometimes have after experiencing hurtful or terrifying events in their lives. Please read each one carefully and decide how much the symptoms bothered you in the past week.

<table>
<thead>
<tr>
<th>(1) Nunca (Not at all)</th>
<th>(2) Un poco (A little)</th>
<th>(3) Bastante (Quite a bit)</th>
<th>(4) Mucho (Extremely)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Pensamientos o recuerdos recurrentes de los sucesos más terribles y dañinos</td>
<td>Recurrent thoughts or memories of the most hurtful or terrifying events</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Sentimiento de que el suceso está ocurriendo de nuevo</td>
<td>Feeling as though the event is happening again</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Pesadillas recurrentes</td>
<td>Recurrent nightmares</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Sentimiento de indiferencia o distanciamiento de los demás</td>
<td>Feeling detached or withdrawn from people</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Incapacidad de sentir emociones</td>
<td>Unable to feel emotions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Se siente nervioso (aprensivo, asustadizo), se sobresalta fácilmente</td>
<td>Feeling jumpy, easily startled</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Dificultad de concentración</td>
<td>Difficulty concentrating</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Problemas de sueño</td>
<td>Trouble sleeping</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Sentimiento (se siente en estado) de alerta</td>
<td>Feeling on guard</td>
<td></td>
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<tr>
<td></td>
<td>Descripción</td>
<td>Traducción</td>
<td></td>
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<td>---</td>
<td>------------------------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Se siente irritable o tiene ataques de ira</td>
<td>Feeling irritable or having outbursts of anger</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Evita actividades que le recuerdan el suceso dañino o traumático</td>
<td>Avoiding activities that remind you of the traumatic or hurtful event</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Incapacidad para recordar partes de los sucesos más dañinos o traumáticos</td>
<td>Inability to remember parts of the most hurtful or traumatic events</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Ha perdido interés por las actividades diarias</td>
<td>Less interest in daily activities</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Siente que no tiene futuro</td>
<td>Feeling as if you don’t have a future</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Evita pensamientos o sentimientos asociados a los sucesos dañinos o traumáticos</td>
<td>Avoiding thoughts or feelings associated with the traumatic or hurtful events</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>De repente, reacción física o emocional, cuando recuerda los más dañinos y traumáticos sucesos</td>
<td>Sudden emotional or physical reaction when reminded of the most hurtful or traumatic events</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Siente que tiene menos capacidad que antes</td>
<td>Feeling that you have less skills than you had before</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Tiene dificultades para afrontar nuevas situaciones</td>
<td>Having difficulty dealing with new situations</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Se siente agotado</td>
<td>Feeling exhausted</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Dolor corporal</td>
<td>Bodily pain</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Preocupado por problema(s) físico(s)</td>
<td>Troubled by physical problem(s)</td>
<td></td>
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<td></td>
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<td></td>
</tr>
</tbody>
</table>
| 22. | Memoria escasa  
Poor memory |   |
| 23. | Se ha dado cuenta o le han dicho que ha hecho alguna cosa que no recuerda  
Finding out or being told by other people that you have done something that you cannot remember |   |
| 24. | Dificultad para prestar atención  
Difficulty paying attention |   |
| 25. | Siente como si estuviera dividido en dos personas y una estuviera mirando lo que hace la otra  
Feeling as if you are split into two people and one of you is watching what the other is doing |   |
| 26. | Se siente incapaz de hacer planes diarios  
Feeling unable to make daily plans |   |
| 27. | Sentimiento de culpa por las cosas que han sucedido  
Blaming yourself for things that have happened |   |
| 28. | Sentimiento de culpa por haber sobrevivido  
Feeling guilty for having survived |   |
| 29. | Falta de esperanza  
Hopelessness |   |
| 30. | Sentimiento de vergüenza por el suceso dañino o traumático que le ha ocurrido  
Feeling ashamed of the hurtful or traumatic events that have happened to you |   |
| 31. | Sentimiento de que la gente no entiende lo que le ha ocurrido  
Feeling that people do not understand what happened to you |   |
| 32. | Sentimiento de que otros son hostiles con usted  
Feeling others are hostile to you |   |
| 33. | Sentimiento de que usted no tiene en quien confiar  
Feeling that you have no one to rely upon |   |
<table>
<thead>
<tr>
<th>Pregunta</th>
<th>Descripción</th>
</tr>
</thead>
<tbody>
<tr>
<td>34.</td>
<td>Sentimiento de que alguien de su confianza le ha traicionado Feeling that someone you trusted betrayed you</td>
</tr>
<tr>
<td>35.</td>
<td>Sentimiento de humillación por su experiencia Feeling humiliated by your experience.</td>
</tr>
<tr>
<td>36.</td>
<td>Sentimiento de desconfianza en otros Feeling no trust in others.</td>
</tr>
<tr>
<td>37.</td>
<td>Sentimiento de impotencia para ayudar a otros Feeling powerless to help others.</td>
</tr>
<tr>
<td>38.</td>
<td>Pérdida de tiempo pensando por qué estos sucesos le ocurrieron a usted Spending time thinking why these events happened to you</td>
</tr>
<tr>
<td>39.</td>
<td>Sentimiento de que usted es el único que sufrió estos sucesos Feeling that you are the only one that suffered these events.</td>
</tr>
<tr>
<td>40.</td>
<td>Sentimiento de necesidad de venganza Feeling a need for revenge.</td>
</tr>
</tbody>
</table>

**Puntuación– Síntomas de Trauma**

SCORING P- TRAUMA SYMPTOMS)

Asigne los siguientes números a cada pregunta respondida
(Visit the following numbers for each answered item)

1 = Nunca
   “Not at all”
2 = Un poco
   “A little”
3 = Bastante
   “Quite a bit”
4 = Mucho
   “Extremely”

Sume las puntuaciones y divida por número total de items respondidos
Add up item scores and divide by the total number of the answered items

**Puntuación DSM-IV = ITEMS 1-16**

16

(DSM-IV Score = ITEMS 1-16)

16

**Puntuación TOTAL = ITEMS 1-40**

40
Las personas con puntuaciones en DSM – IV y/o total > 2.5 son consideradas sintomáticas para PTSD. Vea el manual para obtener más información.

Individuals with scores on DSM-IV and/or total > 2.5 are considered symptomatic for PTSD. See manual for additional information.
LIFE HISTORY CALENDAR

Distribution of life stages by age bracket and corresponding to the interview sections:

**Symbols:**
- X Present time
- Traumatic event
- Sexual exploitation situation
END OF THE INTERVIEW

Thank the person for participating and for her courage and bravery

Remind her that this study is carried out to help other girls or women who might be experiencing or have experienced the same situation.

Remind her the fact of “giving” – giving gratitude.